



*Irish Pastoral Centre (IPC) invites you to join us for Senior Citizen Outreach Program activities during*

February 2012

Wednesday, February 1st from 10:00am to 12noon

**Weekly Coffee Morning at the Irish Pastoral Centre, 15 Rita Road, Dorchester**

Social time to which all are welcome to pop in for a visit, catch up with old friends, and make some new ones.

Join us for refreshments, conversation, regular guest speakers/ interesting topics...

**Guest Speaker/Topic:** Neil Hurley, Senior Trivia Quiz Game

Test your memory and general knowledge acumen. All in the name of fun and for great prizes!

*Saturday, February 4<sup>th</sup> from 3pm to 8pm  
Celebrating the Feast of St. Brigid of Ireland  
(A Family Friendly Event)*



Irish Pastoral Centre will celebrate and recognize The Feast of St. Brigid of Ireland with its annual Mass, Supper and Ceili at Fr. Lane Hall, St. Brendan Parish, Dorchester.

This community event will bring together people of all ages, children, parents and grandparents to learn about, share stories, enjoy good food, great music, lively dancing and each other's company whilst recognizing one of Ireland's patron saints.

3pm – 5pm Craft Workshop for Children

5pm Celebration of Mass by Fr John McCarthy, IPC Chaplain

6 - 8pm Supper & Refreshments, Traditional Music and Waltzing

Tickets: \$15 at the door or \$12 in advance for adults

\$5 each for children & children under 5's free

To get your tickets in advance please call

Irish Pastoral Centre @ 1 855 479 2472 or Maureen McNally @ 781 871 1247

Monday, February 6<sup>th</sup> from 1:00pm to 3:00pm

**CARA CLUB in Brighton**

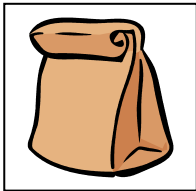
Get together after early winter / Christmas break. Refreshments, newspapers, and our ever popular sing-a-long.

Veronica Smith Senior Center, 20 Chestnut Hill Avenue, Brighton.

**Guest Speaker/Topic:** *Brown Bag Auction* with Mary Logue.

Don't forget your Brown Bag Item! Proceeds donated to the IPC.

Sing-along with Mike Finnerty



Tuesday, February 7<sup>th</sup> from 6:00pm onwards

**FREE WALK IN - Immigration & Citizenship Clinic**

Free consultation for community members concerned about visa/naturalization paperwork or green card renewal. Immigration attorneys and immigration counselor available for 1:1 confidential conversation.

**VENUE:** The Banshee Pub, 934 Dorchester Avenue, Dorchester (near JFK T station)

Wednesday, February 8<sup>th</sup> from 10:00am to 12:00noon

**Weekly Coffee Morning at the Irish Pastoral Centre, 15 Rita Road, Dorchester, MA 02122**

Social time to which all are welcome to pop in for a visit, catch up with old friends, and make some new ones.

Join us for refreshments, conversation, regular guest speakers/ interesting topics...Card Games

**Guest Speaker/Topic:** Norah Lavelle, RN Reiki Massage 1:1 appointments

Arts & Crafts with Teresa Kelly

**Thursday, February 9<sup>th</sup> from 4:00pm to 6:00pm**

**Music for Memory Singing Group**

Drop in Singing Group at the Irish Pastoral Centre, 15 Rita Road, Dorchester

A very relaxed, enjoyable and stimulating evening which aims to encourage participants to explore and discover that singing “can unlock the brain”.

Refreshments served. Suggested donation of \$3.00-\$5.00 per person.

Contact: Maureen McNally ([McNally4us@yahoo.com](mailto:McNally4us@yahoo.com)) or Catherine Moloney 617 265 5300 x 12 for more info.

**Monday, February 13<sup>th</sup> from 1:00pm to 3:00pm**

**Cara Club in Brighton at the Veronica Smith Senior Center, 20 Chestnut Hill Ave, Brighton**

Social time with afternoon tea. All welcome to pop in for a visit, catch up with old friends, and make some new ones. Join us for refreshments, conversation, music and regular guest speakers/ interesting topics...

**Guest Speaker/ Topic:** Norah Lavelle, RN Reiki Massage 1:1 appointments

Sing-along with Kevin O’Sullivan

**Wednesday, February 15<sup>th</sup> from 10:00am to 12noon**

**Weekly Coffee Morning at the Irish Pastoral Centre, 15 Rita Road, Dorchester, MA 02124**

Social time - All are welcome to pop in for a visit, catch up with old friends, or make some new ones.

Join us for refreshments, conversation, regular guest speakers/ interesting topics...

**Guest Speaker/Topic:** Marie Burke, RN Celtic Angels Home Care, accompanied by a group of Home Health Aid Trainees who will do a short presentation and offer Blood Pressure Screenings and Health Check in. Individual appointments available



**Thursday, February 16th 12noon to 3:00pm**

*IPC Monthly Mass and Luncheon* at the Irish Cultural Centre, Canton. **See separate flyer**

**Monday, February 20th**

**NO CARA CLUB TODAY** as the Veronica Smith Senior Center is closed for President’s Day

**Wednesday, February 22d from 10:00am to 12:00noon**

**Weekly Coffee Morning at the Irish Pastoral Centre, 15 Rita Road, Dorchester, MA 02124**

Social time -- All are welcome to pop in for a visit, catch up with old friends, and make some new ones.

Join us for refreshments, conversation, regular guest speakers/ interesting topic

**Guest Speaker/Topic:** Ash Wednesday Prayer Service with Ashes will be held by Sr Marguerite and Fr John

**Monday, February 27<sup>th</sup> from 1:00pm to 3:00pm**

**Cara Club in Brighton at the Veronica Smith Senior Center, 20 Chestnut Hill Ave, Brighton**

Social time with afternoon tea and sing-along with Kevin O’Sullivan

**Guest Speaker/ Topic:** Eileen Smith, RN- leads our monthly Gentle Exercise Class.

**Wednesday, February 29th from 10:00am to 12:00noon**

**Weekly Coffee Morning at the Irish Pastoral Centre, 15 Rita Road, Dorchester, MA 02124**

Social time -- All are welcome to pop in for a visit, catch up with old friends, and make some new ones.

Join us for refreshments, conversation, regular guest speakers/ interesting topic

**Guest Speaker/Topic:** Eileen Smith, RN, leads an enjoyable Gentle Exercise Class.

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**FOR DAY-TO-DAY PROGRAM UPDATES, WEATHER CANCELLATIONS  
ALWAYS CALL AHEAD BEFORE YOU TRAVEL.**

**Call the BOSTON IRISH SENIOR CONNECTION AT 1 855 479 2472**

*If YOU have any questions and comments or care to have a chat in confidence about  
older adult-related issues please call*

*Catherine Moloney, at 617-265-5300 X 12*

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**"A Parish Without Boundaries"**

15 Rita Road  
Dorchester, MA 02124

Phone : (617) 265 5300

Fax : (617) 265 5313

Email : [Info@ipcboston.org](mailto:Info@ipcboston.org)

Website : [www.ipcboston.org](http://www.ipcboston.org)

## ***Coping With Loss***

### ***Bereavement Support for Those Who Are Grieving***

The Irish Pastoral Centre will offer a new Bereavement Support Group for members of the community who have had a recent loss.

This support group will offer an opportunity to express grief after the loss of a loved one. The group provides a safe and nurturing environment for open discussion, under the direction of trained volunteer leaders and a professional facilitator. There is no charge for the group.

**The BEREAVEMENT SUPPORT GROUP will meet on six consecutive Tuesday evenings.**

**Location:** Irish Pastoral Centre  
15 Rita Road  
Dorchester, MA 02124

**Time:** 7:00-8:30 pm

**Dates:** February 28<sup>th</sup>, March 6<sup>th</sup>, March 13<sup>th</sup>,  
March 20<sup>th</sup>, March 27<sup>th</sup>, & April 3<sup>rd</sup> 2012

**Pre-registration for the Group is requested.**

**Please call and ask for Fr. John McCarthy, Chaplain at  
617-265-5300 or email him at [jmccarthy@ipcboston.org](mailto:jmccarthy@ipcboston.org)**

**Upcoming Community Activities we have been asked to share with our readers.**

- **Norwood Irish Music Club**

February 11 –Music and Entertainment by Erins Melody

February 25 –Music and Entertainment by Kathy and The Irish Americans

- **Irish Music Club of Greater Boston (Braintree)**

February 4 - Music and Entertainment by Noel Henry’s Irish Showband

- **The Irish Social Club, 119 Park Street, West Roxbury**

Sunday, February 5                      Super Bowl Sunday – no dance

Sunday, February 12                     Silver Spears

Sunday, February 19                    Andy Healy

Saturday, February 25                  Erin Og

Sunday, February 26                    Denis Curtin

All dances at the Irish Social Club are 8:00pm to 11:00pm



# **IPC Monthly Mass & Luncheon at the Irish Cultural Centre, Canton**

Thursday, February 16th from 12 noon – 3pm

At noon Fr John McCarthy will lead the monthly Mass which includes the anointing of the sick followed by a hot lunch served at 1pm

Musical entertainment will be provided by Dan Hallissey

*Numbers are limited so it is **essential** that you call in advance to reserve your place to avoid disappointment*

**Please RSVP** by 12 noon on Tuesday 14<sup>th</sup> February at the latest  
As of 2012 we cannot make any special accommodations or exceptions for late callers.

Call the

**BOSTON IRISH SENIOR  
CONNECTION  
@ 1 855 479 2472**

**Leave your name, telephone number and the number of people in your party**

Donation for the day is \$10.00 which helps with food, transport and associated costs. Thank You

Mini Bus transportation is offered from Brighton and Dorchester/ Quincy to Canton. To book your spot on the mini-bus please call 1 855 479 2472. Buses are filled on a first call first served basis

*Please don't hold a spot if you can't make it as this deprives others of an opportunity to travel*